KEY TO HORMONE SYMPTOMS EVALUATION

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E=Estrogen	P=Progestero	ne T=Testosterone	C=Cortisol	TH=Thyroid	
1=Caused by H	High Level	↓=Caused by Low Level	1↓=Cause	ed by Fluctuating I	Levels

Represents the most common causes of symptoms, as far as Progesterone, Estrogen, Tesosterone and Thyroid only, and is not totally inclusive of all possible causes.