

# REPLACING YOUR CPAP SUPPLIES



CPAP supplies, such as masks, cushions, headgear, tubing, and filters, are designed to be disposable. Using these items past their recommended time can have negative effects on your CPAP therapy. For instance, over time, delicate mask cushions can break down and cause your mask to develop leaks and clogged filters. Below is a recommended replacement schedule for CPAP supplies based on Medicare and private insurance companies.



## CPAP MASK

- Allow 1 mask every 3 months and headgear every 6 months
- Allow 2 nasal cushions/pillows per month
- Allow 1 full face cushion per month

## CHIN STRAP

- Allow 1 every 6 months

## CPAP FILTERS

- Allow 2 disposables per month

## CPAP TUBING

- Allow 1 every 3 months

## HUMIDIFIER CHAMBER

- Allow 1 every 6 months

The CPAP supplies listed may be billed to your insurance.  
NOTE: You are responsible for all co-pays and deductibles.



Give us a call today to replace your supplies

**(402) 558-1192**

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